

# Packing List VL 2024

## Clothing

- Underwear (enough for at least one per day!!!)
- Socks
- Pyjamas
- T-shirts
- Long sleeve tops
- Warm jumpers
- Long Pants
- Closed shoes/Runners
- Nice clothes - for Shabbes and special dinners
- Beanie
- Hat
- Shower shoes (optional)
- Clothes that can get dirty and/or wet
- White t-shirt to get dyed/painted
- Dirty washing bag

## Bedding

- Fitted sheet
- Pillow and pillowcase
- Sleeping bag/doona
- Extra throw blanket if sleeping bag is thin!
- Towel

## Toiletries

- Toothbrush and toothpaste
- Soap
- Shampoo/Conditioner
- Hairbrush
- Pads and tampons (if needed)

## Other

- Water bottle
- Microwavable heat pack (if you are prone to stomach aches)
- One bag of lollies/snacks for kraize bag which will be shared with your group (NO nuts)
- Torch
- Musical instruments (optional)